

# CLOSE PROXIMITY

*Lessons* **about John**



CULTIVATE HABITS THAT DRAW YOU  
CLOSER TO JESUS

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A 3-Day Devotional E-book  
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# 3 DAYS

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## **Intro**

Your call to closeness

### ***Day 1: Practical Pathways to Proximity***

- Overview
- Experience

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- Overview
- Experience

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- Overview
- Experience

## **Outro**

A closing thought

# 3 DAYS

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Hi There! If you've been trekking with us at <https://flowuphq.com/>, we've just finished a series of blog posts titled "Lessons About John". This inspiring series focuses on John the Beloved's transformation from thunder to love, his choice of steady devotion, his personal connections in Scripture, and how this led to greater spiritual understanding. If you haven't read these posts yet, we encourage you to start there and then complete this supplemental 3-day devotional.

## ***A Personal 3-Day Journey to Spiritual Transformation***

This is your 3-day devotional for anyone feeling called to draw closer to Jesus. It's designed to help you move from servant to friend—to walk closely with Jesus the way John the Beloved did.

## ***How to Read This Devotion***

Each day features a short reading followed by a devotional moment for the morning, afternoon, and night. Find a quiet spot and use these moments to reflect and spend time with God.



# INTRO



## ***Your closeness, your call***

One of John's favorite words is "know."

"And we know..."

"We have come to know..."

"That you may know..."

John wasn't writing from theory; he was speaking from real life. He knew Jesus up close, and it showed. His life teaches us the value of **knowing Jesus, a journey that unfolds gradually.**

**Habits, cultivated over time, blossom into mature righteousness**—just like a flower that opens slowly, steadily, and beautifully.

**Knowing Jesus grows through habits that blossom into mature righteousness.**

Think of your relationship with Jesus as a garden. Closeness doesn't happen by accident; it's intentionally shaped. As you return daily, you are watering, tending, pruning, and cultivating a deeper relationship with each rhythm.

**Perfection is not required.  
It's about showing up, over and over.**

John's life whispers this truth:

**We can be as close to Jesus as we want to be.**

Proximity is intentional.

Proximity is cultivated.

Proximity is rewarded with intimacy, revelation, and friendship.

Whether your testimony is dramatic or steady, the invitation is the same:

Draw near, and He will draw near to you. Take an intentional step today—commit to moving from servant to friend by choosing one specific way to walk closely with Jesus, just as John did.

**No matter your story, closeness to Jesus is on the table. What's your next move?**

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# DAY 1

## OVERVIEW

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### ***Practical Pathways to Proximity***

Building on closeness to Jesus isn't accidental—it's cultivated. Prayer, fasting, daily devotion, and living out faith are pathways that draw us nearer. John's example shows us that proximity is built step by step, day by day.

Ask yourself:

**When you're stuck, where do you actually turn for answers?**

**Is it the internet? A person? Your own reasoning?**

Or, do you turn first to Jesus, who knows all things?

John teaches us that proximity begins with pursuit.

### **Pathways To Explore:**

- Prayer & Fasting
- Daily Devotion
- Living Out Faith

Start small. Stay close.  
Watch what happens. Proximity grows through intentional practice. Begin with one step, and let it lead you deeper into intimacy with Jesus today. Stick with it, and take note of the difference.



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# DAY 1



## PRACTICAL PATHWAYS TO PROXIMITY

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### Morning: *Prayer & Fasting* — *Matthew 6:6*

- Jesus invites us into the secret place—not as a ritual, but as a relationship.
- Prayer is where proximity begins.
- Fasting clarifies. Distractions fall away so we can hear clearly.
- *Reflection:* What would it look like to set aside intentional time this week to meet with Jesus privately?

### Afternoon: *Daily Devotion* — *James 4:8*

- “Draw near to God, and He will draw near to you.”
- Daily devotion is not about perfection but presence.
- It’s the steady rhythm of showing up.
- *Reflection:* What small, sustainable rhythm can you begin today?

### Night: *Living Out Faith*

- Proximity isn’t just what we believe—it’s living it.
- John didn’t just write about love; he lived it.
- He didn’t just talk about Jesus; he followed Him into difficult places.
- *Reflection:* Where is Jesus inviting you to live your faith more boldly?

**CONGRATULATIONS.** You finished Day 1. Ready to move closer to God? Pick your lane - prayer, fast, or daily devotion - and make your move today. **DROP US A NOTE. Let us know how Day 1 went.**

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#### *Commit now:*

**Choose prayer, fasting, or devotion today, and take a tangible first step to build your rhythm of closeness with Jesus.**

#### *Guided Prayer:*

“Jesus, draw me into the secret place. Teach me to seek You first. Help me build habits that bring me closer to Your heart.”

#### *Journaling Prompt:*

What is one habit I can begin this week that will help me draw closer to Jesus?



# DAY 2

## OVERVIEW

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### ***Secrets Revealed: In Everyday Life***

God delights in revealing what is hidden. He is not playing hide-and-seek with wisdom. Jeremiah 33:3 promises that when we call, He answers with secrets we could never discover on our own. He actually wants to clue you in on everything from workplace strategies to finding your missing keys. His guidance shows up in everyday life.

John lived with expectation—believing Jesus would reveal what he needed to know.

### **Pathways To Explore:**

- God Reveals Hidden Things — Jeremiah 33:3
- Testimonies of Guidance
- Expectation in Prayer — Proverbs 3:6

No Question is Too Small, God Cares About the Details:  
God's secrets aren't reserved for the extraordinary—they show up in the normal. Expect Him to reveal His secrets in your everyday life. Invite Him to show up and record what He reveals.



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# DAY 2



## SECRETS REVEALED: IN EVERYDAY LIFE

Morning: *God Reveals Hidden Things — Jeremiah 33:3*

- “Call to Me, and I will answer you...”
- God doesn’t hide truth from us. Instead, He hides truth for us.
- *Reflection:* Where do you need God’s insight right now?

Afternoon: *Testimonies of Guidance*

- Think of the moments when God whispered direction:
  - A solution at work
  - A nudge to call someone
  - A reminder of where something was misplaced
  - A Scripture that suddenly made sense
- These are not coincidences—they show proximity, which is evidence of relationship.
- *Reflection:* What recent moment showed you that God was guiding you?

Night: *Expectation in Prayer — Proverbs 3:6*

- “In all your ways acknowledge Him, and He will direct your paths.”
- Revelation grows best in the soil of expectation.
- *Reflection:* How can you shift from hoping God will speak to expecting Him to?

**Commit now:**

**Pray expectantly: “God, show me what You want me to see.”**

*Guided Prayer:*

“Lord, open my eyes. Reveal what is hidden. Help me recognize Your voice in the ordinary moments of my day.”

*Journaling Prompt:*

Write down one area where you need God’s direction. Leave space to record how He answers.

### CONGRATULATIONS.

You finished Day 2.

Expect Him to reveal His secrets in your everyday life. Invite Him to show up and record what He reveals. **DROP US A NOTE. Let us know how Day 2 went.**

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# DAY 3

## OVERVIEW

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### ***Friendship with God: More Than Servants***

Jesus didn't keep His inner circle at arm's length. Jesus told His disciples, "I have called you friends."

Real Friends. Friendship with God is the highest privilege, moving us from servants to confidants. John's life demonstrates that closeness transforms our relationship with Christ into one of intimacy and trust.

John didn't just serve Jesus—he stayed close enough to hear His heartbeat.

### **Pathways To Explore:**

- From Servants to Friends — John 15:15
- John's Example of Friendship
- Living as God's Friend — Psalm 25:14

Let Your Power FLOW From Your Friendship With God: Friendship with God is the fruit of proximity. Draw near to God now and discover the joy of being His confidant.



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# DAY 3



## FRIENDSHIP WITH GOD: MORE THAN SERVANTS

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Morning: *From Servants to Friends — John 15:15*

- Servants obey commands.
- Friends share hearts.
- Jesus invites us into friendship—a relationship built on trust, closeness, and shared life.
- *Reflection:* Do you relate to Jesus more as a servant or as a friend?

Afternoon: *John's Example of Friendship*

- John stayed near:
  - Near the table
  - Near the cross
  - Near the tomb
  - Near in revelation
- Consistent closeness fuels a strong friendship.
- *Reflection:* Where is Jesus inviting you to come closer?

Night: *Living as God's Friend — Psalm 25:14*

- "The friendship of the Lord is for those who fear Him..."
- God's friendship is marked by reverence, obedience, and intimacy.
- *Reflection:* What step of obedience is Jesus asking you to take?

**Commit now:**

Today, step into friendship with God—listen, obey, and walk in intimacy. Try treating Jesus like your closest friend today - share, listen, and see what happens.

**Guided Prayer:**

Jesus, thank You for calling me friend. Teach me to walk closely with You, to listen for Your voice, and to trust Your heart."

**Journaling Prompt:**

What does friendship with Jesus look like in your daily life?

### CONGRATULATIONS.

You finished Day 3. Let Your Power FLOW From Your Friendship With God. **DROP US A NOTE. Let us know how Day 3 went.**

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# OUTRO

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HOW TO DITCH MANIPULATION AND  
BUILD GODLY PATTERNS THAT STICK

## Closing Thoughts

Friendship with God starts now.

John's life reminds us that transformation doesn't always come with thunder—it's more about quiet faithfulness. While we live in a world that celebrates the dramatic, let your consistency be your testimony. In the end, long-term devotion bears eternal fruit.

Remember, you don't have to have it all together; just keep showing up. **May this devotional help you cultivate habits that draw you closer to Jesus—step by step, day by day—until friendship becomes your natural way of walking with Him. Start today - Make friendship with God an intentional way of life.**



# GOOD READS



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## Want to Grow Deeper in Your Faith...

1. *Book Read: A Celebration of Discipline* by Richard Foster
2. *Book Read: Just Pray* by John F. Hannah
3. *Book Read: Going Higher With God in Prayer* by A.W. Tozer

